



Learning Disability and Dementia; Unravelling the Two Conditions

Our Learning Disability and Dementia course is designed to provide attendees with the knowledge, skills, and tools to effectively support individuals with both conditions. The course explores the complex relationship between learning disabilities and dementia, and equips caregivers with insights and strategies to address unique challenges. With a particular focus on the needs of individuals with Down's Syndrome, this introductory course is accessible to anyone, regardless of their prior training or knowledge.

The course was developed by Stacey Parker, a chartered psychologist with over 30 years of experience as a clinical psychologist in Learning Disability and Autism services. She has also worked with adults living with dementia for 10 years. Delivered by the experienced educators at Coleman Training, our person-centred approach ensures that learners receive supportive, respectful, and inspiring training that is informed by the latest evidence-based research and practical experience.

[Learn more](#) >

Learning Outcomes

- The meaning of “dementia” and how it may relate to a person with a learning disability
- The early signs and symptoms of dementia in people with a learning disability
- The specific impact of dementia for people with Down’s Syndrome
- The importance of baseline assessment and long-term monitoring of people with LD for indicators of change/decline
- The importance of developing calm appropriate environments
- Facilitate stimulating activities for people with LD and dementia, whilst combining strategies to minimise anxiety and distress

Course Content

This course delves into the intricate connection between learning disability (LD) and dementia. Aimed at those eager to understand the unique challenges of supporting individuals with LD and dementia, the introductory day offers valuable insights and practical tools for enhanced engagement and effective communication. Tailored for anyone with an interest in this specific field, the course requires no pre-requisite training. Coleman Training, renowned for expertise in dementia education, employs a person-centered approach, emphasising respect and support. With trainers boasting extensive experience from the Alzheimer’s Society, the course combines evidence-based knowledge with practical insights for a holistic understanding of dementia and learning disability care and support.